

Population Dynamics, Problem and Prospects of High Altitude Area: Ladakh

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ABSTRACT People inhabiting high altitude areas have to face environment hazards like low atmospheric pressure, severe cold, strong winds and solar radiation. In such areas, man-environment relationship is influenced by genetic make-up, eco-sensitivity and socio-cultural factors. High altitude physical environment stresses are believed to exist deleterious effects on human beings resulting in later maturity; low fecundity, fertility; high mortality; high morbidity; retardation of pre-and post-natal growth and development, alteration in physiology which may question the validity of population proliferation. In the present study attempt has been made to explore problems and prospects of a high altitude area-Ladakh division in the state of Jammu and Kashmir, India.